

## 2024

March: Kenmore Middle School (Arlington VA) sixth graders attended a Best Friends “Kindness is Cooler” Seminar. Of the 352 student and staff attendees, 90% reported on their evaluations that the seminar was “good” or “great” and they learned a lot.

Feb: McKinley Tech Middle School (DC) “Kindness is Cooler” seminar. The Best Friends Dance Troop from McKinley Tech High School performed. A total of 237 students and faculty attended. The participants’ evaluations showed that 66% found the seminar was “good” or “great” and that they “learned some” or “learned a lot and had fun.”

## 2023

Nov: Took 30 turkeys and 30 pies to Roosevelt High School for the faculty and staff for Thanksgiving. BFF staff also took pies to other schools around DC.

Sept: Heart of Gold donor appreciation dinner at the Four Seasons. Awardees included Diana Davis Spencer, Congresswoman Debbie Dingell and Barbara Harrison, TV news journalist and winner of 19 Emmys.

Aug: Summer Bridge at McKinley Tech High School for the rising 9<sup>th</sup> graders on anti-bullying and stress management had 176 students and faculty in attendance. Of those in attendance, 75% stated that the seminar “Stop the Silence, Prevent The Violence,” was “worthwhile” or “very worthwhile”, and another 19% said the seminar was “somewhat worthwhile.”  
June McKinley Tech High School and Roosevelt High School awards ceremonies. Best Friends awarded a total of eight scholarships to graduating seniors at the two high schools.

May: Roosevelt High School “Stop the Silence Prevent the Violence”. 208 students and faculty were in attendance and 62.1% stated on the evaluations that the the seminar was “worthwhile” or “very worthwhile.”  
March 30 Best Friends Foundation 35th Anniversary Benefit featuring Dionne Warwick, the BFF Chorus and BFF Dance Troupe” at the Four Seasons, Washington, DC. Dionne Warwick performed solo and sang “That’s

What Friends Are For” with the St Thomas More School choir. The Montgomery County International Dance Troop performed as well. Prior to the Four Seasons Gala, Best Friend attended St Thomas More School weekly rehearsals, 1-2 times/week, in March with the St Thomas More School singers.